# $x$ TRANNG SNOWBALL List 5 behaviors you are currently working on 

1. 
2. $\qquad$
3. $\qquad$
4. 
5. 

$\qquad$
. $\qquad$
$\qquad$

How many minutes do you have each work week to work on training behaviors?

THE NUMBER OF MINUTES YOU SHOULD WORK ON YOUR CLOSEST TO COMPLETION BEHAVIOR EACH WEEK UNTILIT IS COMPLETE!


> What is the minimum number of minutes you can work on this behavior each week without losing progress?


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ONLY DO THE MINIMUM ON THESE BEHAVIORS UNTIL BEHAVIOR 1 IS


What is the minimum number of minutes you can work on this behavior each week without losing progress?


Add up all the numbers below and subtract them from the number above


Behavior 2: Put the behavior that is next closest to completion in this box.

Behavior 3:
Put the behavior that is next closest to completion in this box.

Behavior 4:
Put the behavior that is next furthest from completion in this box.

Behavior 5:
Put the behavior that is furthest from complete in this box.

AFTER BEHAVIOR 1 IS COMPLETE MOVE TO A MAINTENANCE SCHEDULE AND TAKE THE REMAINDER OF MINUTES YOU HAVE DEDICATED TO THAT AND SPEND that time on behavior 2 , Continue to SNOWBaLL YOUR TIME UNTIL ALL YOUR BEHAVIORS ARE COMPLETE!

| Time previously spend on Behavior 1 | $\qquad$ | $=\quad \begin{gathered} \text { Time that can } \\ \text { be added to } \\ \text { Behavior } 2 \end{gathered}$ |
| :---: | :---: | :---: |
| Time previously spend on Behavior 2 | Time needed to <br> maintain <br> Behavior 2 | Time that can be added to Behavior 3 |
| Time previously spend on Behavior 3 | Time needed to <br> maintain Behavior 3 | $=$Time that can <br> be added to <br> Behavior 4 |
| Time previously spend on Behavior 4 | Time needed to <br> maintain Behavior 4 | Time that can <br> be added to Behavior 5 |

